

# Female Sexual Dysfunction

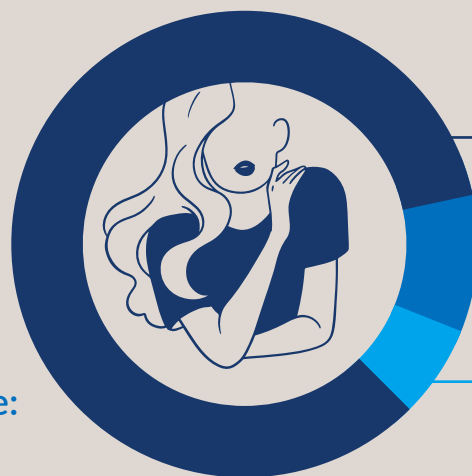
IN CONSULTATION WITH DR SUSAN LOGAN, SENIOR CONSULTANT, DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY, NATIONAL UNIVERSITY HOSPITAL (NUH) AND PROFESSOR YONG EU LEONG, EMERITUS CONSULTANT, DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY, NATIONAL UNIVERSITY HOSPITAL (NUH)

## Who were the participants?

**90.4%**  
of participants  
attempted the FSFI

Mean age:  
**56.3 years**

Mean menopausal age:  
**49.7 years**



Chinese **84%**

Indian **10%**

Malay **6%**

**57%**  
sexually active  
in past 4 weeks

**70%**  
likely to  
experience  
Female Sexual  
Dysfunction (FSD)

## Factors linked with sexual inactivity



**Unmarried**



**Underweight  
(BMI <18.5)**



**Older age**

## Factors linked with FSD

Moderate/  
severe  
**vaginal dryness**

**Nulliparity**  
(not having given  
birth to a child)

Use of  
**menopausal  
hormone  
therapy**  
(MHT)\*

\*MHT was the only factor found to be significantly protective against FSD